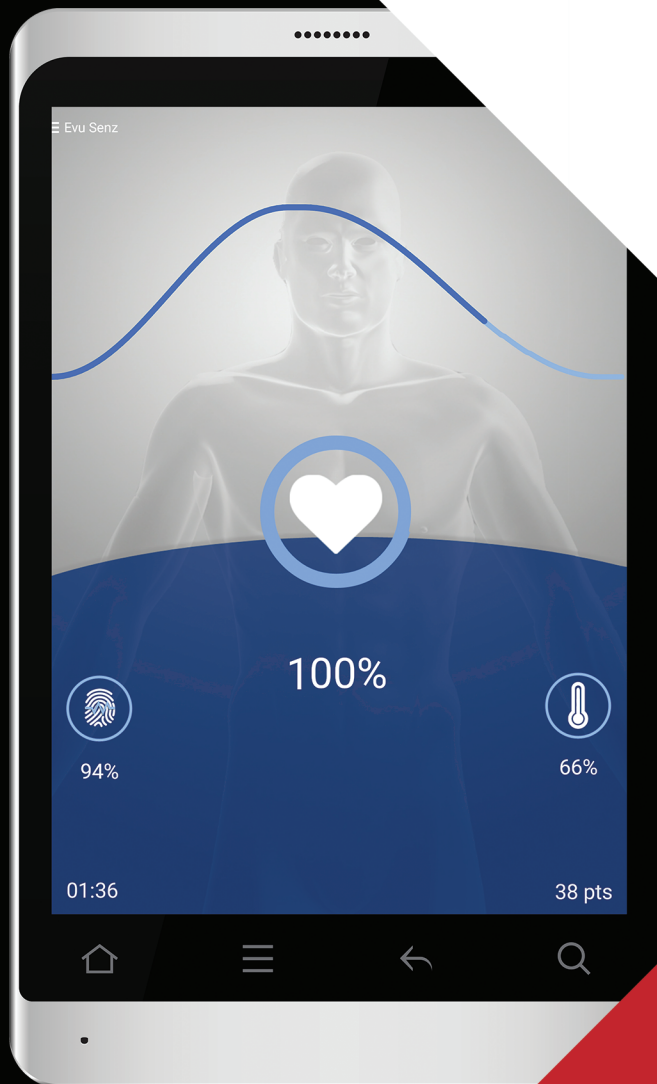


# Help your clients Help themselves



## A SELF-REGULATION TOOL

that empowers the  
**clinic and home**

You can even combine a smartphone or tablet with the power of the eVu-TPS in your practice. The ultra-portable, wireless sensor, provides an 'emotional view' of your client's stress and self-regulation – all from one fingertip. This makes it an ideal choice to loan or prescribe for home training.



DeStress  
Solution™



eVu|TPS



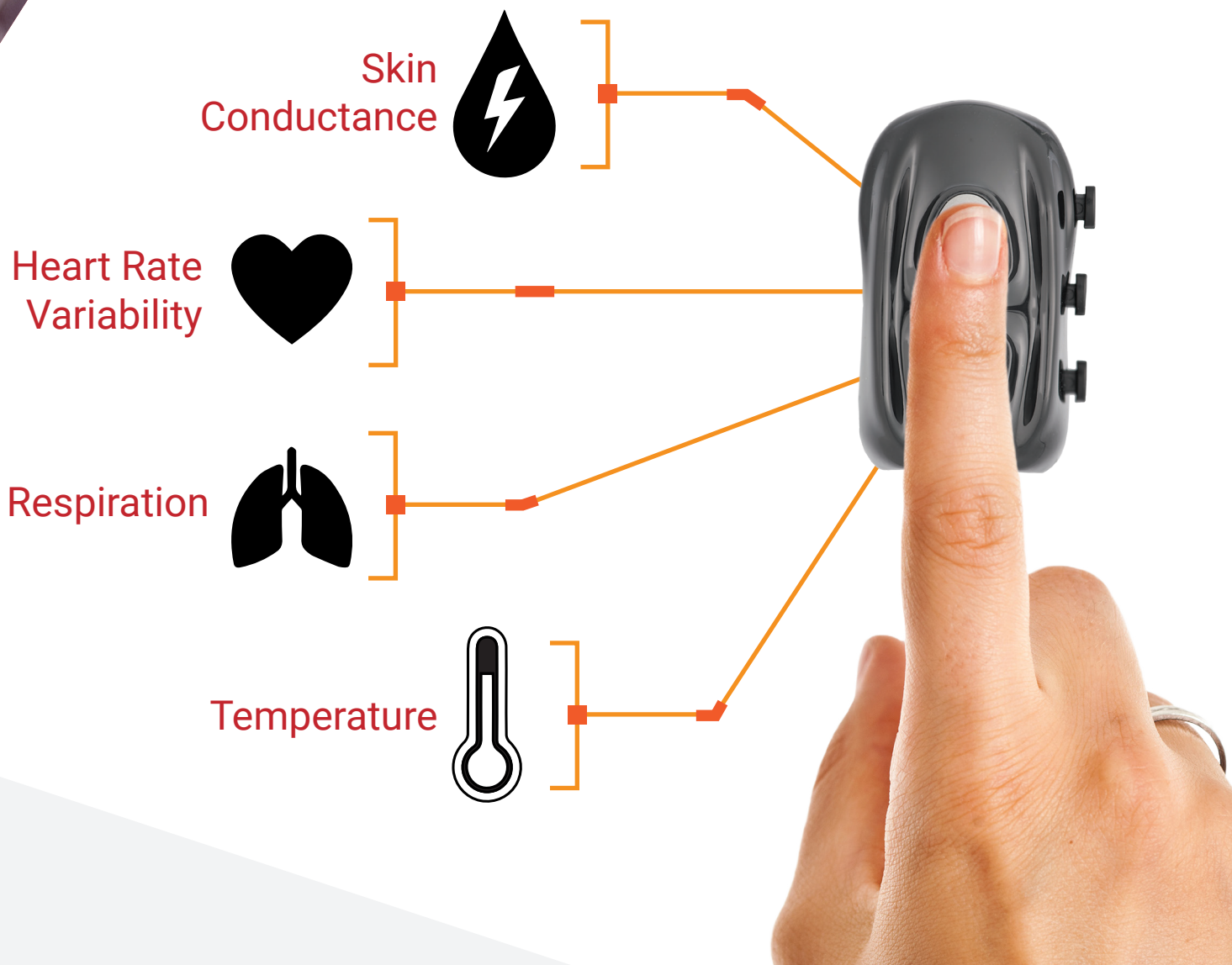
**Small wireless sensor**  
combined with **powerful BioGraph Infiniti clinical & research-grade software**

• Quantify Stress • Teach Relaxation • Enhance Resilience



The long-term effects of stress are not always immediately apparent, but they can build-up insidiously to harm an individual's well-being. Anxiety, depression, heart disease, weight gain, disturbed sleep, concentration issues, and decreased performance are examples of its effects. When an individual remains in a state of prolonged stress, their body's resilience to such conditions weakens.

**That is why Thought Technology cares about stress.**





Decoding the markers of stress can be difficult, which is why the DeStress Solution makes measuring, understanding, and shaping an individual's stress response as easy as possible.

- Appropriate for stress management, performance enhancement, resilience training, and any condition caused by the autonomic nervous system's dysregulation.
- The wireless eVu-TPS sensor provides an accurate reading of stress that combines the most important peripheral measures to enhance biofeedback training.
- Pre-programmed Stress Test and Relaxation exercises to both evaluate and teach your clients success.
- Fully interpreted Stress Test reports: detailed report for the clinician and simplified report for the client.
- Clinically oriented design that turns self-regulation into relaxation practice and games.
- DeStress Solution works on a Windows-based computer running the Biograph Infiniti software system.

